

# The Heart of Thanksgiving

*Psalm 100:1-5*

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- I. God is Great (1-3)
  - A. The Expression of Thanksgiving (1-2)
  - B. The Reasons for Thanksgiving (3)
    - 1) Creation
    - 2) Providential Care
    - 3) Redemption

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- II. God is Good (4-5)
  - A. The Expression of Thanksgiving (4)
  - B. The Reasons for Thanksgiving (5)
    - 1) 5a - For the LORD is good.
    - 2) 5b - His lovingkindness is everlasting.
    - 3) 5c - And His faithfulness to all generations.

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## Practical lessons from Psalm 100...

- 1) Eat your thanksgiving meal with the same attitude as the OT worshipper, as if you are having a meal with God.
- 2) Rehearse to others what you're thankful for.
- 3) Set aside time to sing to and about God.
- 4) Take time to give thanks directly to God.
- 5) Make God the focus of your Thanksgiving.
  - What He has done: His creation, providential care, and sovereign grace.
  - Who He is: His goodness, steadfast love, and faithfulness.